

CENTRAL FLORIDA BREAST CENTER

Dr. Shenin Sachedina
2200 Glenwood Drive – Suite 201
Winter Park, Fl. 32792
Phone: (407) 740-5127 / Fax: (407) 740-0827

PRE-OPERATIVE INSTRUCTIONS FOR IN OFFICE PROCEDURES

- No *Aspirin, Motrin (or Aleve products), Coumadin, Plavix, Herbs or Vitamin E* for 1 week prior to your appointment. May take *Tylenol* or *Extra Strength Tylenol* only.
- Please shower the morning of your procedure. You will not be able to shower afterwards.
- You may drive yourself to and from your appointment.
- Arrive 30 minutes early.
- Limit your physical activities the day of your procedure.
- You **may not** return to work the day of your procedure.
- May return to normal activities the day after your procedure.
- You will need to **return** to our office **within 1 week** for the results of the biopsy and a post-operative check up. **We do not give results over the phone.**
- If you have any questions please do not hesitate to call the office.

Please remember to allow plenty of time for this appointment. Unavoidable delays may occur on procedure days. Each patient is different and we strive to provide individual attention to all of our patients.